

ORGANIC INGREDIENTS: Cabbage, celery, carrots, fresh-squeezed pure Nutrition Facts lemon juice, ginger, sea vegetables, thyme, basil, sage, rosemary, lemon thyme, ground dried red peppers

WHAT ISTHIS PRODUCT? Kim-Chi has been a staple in the Korean diet for centuries. It is made from fresh, shredded, nonheated vegetables (see ingredients) which are put into stainless steel containers and left to culture for 5 to 7 days. No water or vinegar is added. These delicious, high-fiber, low-fat, nonheated, raw, organic, cultured vegetables are one of the richest sources of lactobacilli and enzymes available. SERVING SUGGESTIONS: Add delicious live zing to meals! Serve with or on: rice cakes with fresh raw organic almond butter (or other nut and seed butters), tortillas, avocados, salads, seeds, nuts,

Serving Size: 100g (7 tbsps) ervings per container: about 2

Amount Per Serving			
Calories 25 Fat	Cal. 5		
Total Fat 0.5g	1%		
Saturated Fat Og	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 290mg	12%		
Total Carbs 4g	1%		
Dietary Fiber 4g	16%		
Sugars 0g			
Protein Ig			
Vitamin A 0% • Vitamin C 160%			

Calcium 8% • Iron 6%

Percent Daily Values are bas 2,000 calorie diet. Your daily

Certified Organic by OneCert **QUALITY!** Made in U.S.A. \*Recipes & health facts at Eat This

**Rejuvenative Foods** 

P.O. Box 8464

Santa Cruz, CA 95061

(831) 462-6715

(800) 805-7957

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<b>R</b> ejuvenative Foods	ORGANIC INGREDIENTS: Cabbage, celery, carrot
SEA VEGETABLE GARDEN    100%   ACTIVE ENZYMES     NATURE'S FUNCTIONAL FOOD	lemon juice, ginger, sea vegetables, thyme, basil, s thyme, ground dried red peppers WHAT ISTHIS PRODUCT? Kim-Chi has been a st for centuries. It is made from fresh, shredded, nonlingredients) which are put into stainless steel containe 5 to 7 days. No water or vinegar is added. These delic nonheated, raw, organic, cultured vegetables are one clactobacilli and enzymes available. SERVING SUGGE live zing to meals! Serve with or on: rice cakes with free
ARTISAN	butter (or other nut and seed butters), tortillas, avoc
A VEGAN, TRANS-FAT-FREE, GLUTEN-FREE FOOD	grains, pizza, eggs, potatoes, meat, sandwiches & ome
Net Wt. 7.5 oz (214g) Keep refrigerated, unless in	transit for under 9 days below 74 degrees F

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