

ORGANIC INGREDIENTS: Cabbage, fresh-squeezed pure lemon juice and dill THIS RAW SAUERKRAUT is a handcrafted, high-fiber fresh cultured vegetable providing our bodies with a rich, flavorful source of enzymes and lactobacilli (a microflora we naturally receive from mother's milk as infants that enhances our digestion and overall health). While raw sauerkrauts and cultured vegetables have historically been enjoyed as invigorative food around the world, most other commercially available sauerkrauts are heat-processed, eliminating life-enhancing enzymes and microflora. This Live Raw Sauerkraut is made fresh throughout the year, resulting in variations of color, taste, juiciness and natural expansion (especially when unrefrigerated). No water or vinegar is added. TO PROLONG QUALITY: Keep as cold as possible (don't freeze). Use spoon to keep surface of this life-enriching food flat. Swiftly replace the lid and refrigerate. SERVING SUGGESTIONS: Eat as condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, and rice cakes. Add as is or blended to salad dressings.*

Nutrition Facts

Serving Size 100g (7tbsps)

2	Servings per container: a	bout 2
!	Amount Per Serving	
ď	Calories 20	
s	Total Fat 0g	0%
	Saturated Fat 0g	0%
/	Trans Fat 0g	
S	Cholesterol 0mg	0%
	Sodium 160mg	7%
	Total Carbs 3g	1%
9	Dietary Fiber 3g	12%
:	Sugars Og	
,	Protein Lg	

Vitamin A 0% • Vitamin C 140%

Calcium 2% • Iron 6% Percent Daily Values are based on 2,000 calorie diet. Your daily value naybe higher or lower depending

Rejuvenative Foods

P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715 (800) 805-7957

Certified Organic by OneCert Made in U.S.A.

*Recipes & health facts at Eat This www.rejuvenative.com

Feel Better or Your Money Back! (See our web site)

SUPERIOR

QUALITY!

QUALITY!

Eat This

Feel Better



SALT-FREE **Delicious** cabbage dill FRESH-PURE Organic ACTIVE ENZYMES NATURE'S FUNCTIONAL FOOD ARTISAN PROBLE PROBIOTIC

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