

Rejuvenative Foods
SEA VEGETABLE GARDEN
KIM-CHI

Organic FRESH RAW

◆ Vegan ◆

A Trans-Fat-Free and Gluten-Free Product

INGREDIENTS: Cabbage*, carrots*, celery*, sea vegetables, ginger*, fresh-squeezed pure lemon juice*, lemon thyme*, thyme*, basil*, sage*, rosemary*, ground dried red peppers*. *Ingredients with an * are certified Organically Grown.* This is a unique salt-free Kim Chi. **What is this product?** Kim-Chi has been a staple in the Korean diet for centuries. It is fresh, shredded unheated vegetables (see ingredients) that are put into a stainless steel container and left to culture for five to seven days. No water or vinegar is added. These delicious, high-fiber, unheated, organic cultured vegetables are one of the richest sources of lactobacilli and enzymes available. **Serving Suggestions:** Add delicious live zing to meals! Serve with or on: rice or rice cakes with fresh raw organic almond (or other nut and seed butters or mixtures), tortillas, avocados, vegetables, salads, seeds, nuts, grains, pizza, eggs, potatoes, meat, sandwiches and omelettes.


Nutrition Facts
Serving Size 100g (7tbsp)
Servings per container: about 2


Amount Per Serving	
Calories 25	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12%
Total Carbs 4g	1%
Dietary Fiber 4g	16%
Sugars 0g	
Protein 1g	
Vitamin A 0% • Vitamin C 160%	
Calcium 8% • Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Net Wt 7.5oz (214g) Perishable Keep Refrigerated (Except in Transit)

Rejuvenative Foods
P.O. Box 8464
Santa Cruz, CA 95061
(800) 805-7957
(831) 462-6715
www.rejuvenative.com
Certified Organic by
Monterey County Certified Organic
Made in U.S.A.





SUPERIOR QUALITY!
*Eat This
Feel Better or
Your Money Back!*
(See our web site)

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